



Maricopa County
Attorney's Office
Keeping Families Safe

Vaping

The Food and Drug Administration has reported vaping as an epidemic among teens. Informed adults are the key to ensuring young people develop healthy habits and understand the danger of e-cigarettes.

The Maricopa County Attorney's Office is the nation's third largest prosecutorial agency serving nearly four million residents. With over 900 employees, MCAO delivers high quality prosecution, victim services and crime prevention education.

**For more safety tips and information about
Vaping visit:**

MaricopaCountyAttorney.org/Vaping



FACTS

E-cigarettes, or electronic nicotine delivery systems, use batteries to heat up metal coils which transform vape juice into an aerosol.

E-cigarettes are not regulated or approved by the FDA making it difficult to know what chemicals are in the vape juice.

In Arizona, vaping is illegal for anyone under 18 and is not allowed on most school campuses.

51% of Arizona high school students have tried a vaping device; teens who vape are 4 times more likely to start smoking cigarettes.

WARNING SIGNS

Drastic changes in behavior, mood swings and agitation.

An increase in shortness of breath and trouble breathing during physical activities.

Excessive vaping can inflame mouth and nose tissue, causing nosebleeds and mouth sores.

Increased consumption of caffeinated drinks (coffee, energy drinks, etc.)

Increased thirst or dehydration; propylene glycol, an ingredient found in vape juice, is known to absorb and hold water molecules and is the primary cause of dehydration.

Request an educational presentation by emailing communityeducation@mcao.maricopa.gov

